

10-Week Journaling Challenge: Week 1

Korea TESOL Reflective Practice Special Interest Group

Teacher Identity

Monday

- 1) How did you become a teacher?
- 2) Are you happy being a teacher (or an education-related job)? Why or why not? Are you satisfied with where you're at in your career?
- 3) Review your CV or LinkedIn profile. What was your path to becoming a teacher?
- 4) Do you think you are having an impact on the lives of young people? How do you know?

Tuesday

- 1) List as many benefits of journaling as you can.
- 2) What questions do you have about our project?
- 3) Not everyone can sustain a long-term journal. What obstacles do you envision?
- 4) How do you think you will benefit from completing the *10-week Journaling Challenge*? Imagine your future-self.

Wednesday

- 1) What is your role as a teacher? For example, lecturer, mentor, motivator, manager, guide, role model, planner, facilitator, researcher, etc. Perhaps think of a metaphor such as a chef or police officer, parent, etc.

Thursday

- 1) What are your strengths as a teacher?
- 2) Ask a colleague what three words describe you as a teacher. And explain/illustrate why they think so.
- 3) Ask students what they like about your classes.
- 4) Refer to a past recommendation (or perhaps a Celta evaluation, etc.) if possible. Read it and comment. How do you feel?

Friday-Sunday

- 1) What are the top five qualities of a great teacher?
- 2) Review your journal entries for this week. Comment. How do you feel about *Week 1*? Was journaling easy or difficult?
- 3) Where are you on the Cambridge English Teaching Framework (see attachment)?

